

## Childcare Menu Week 3 - Week Commencing: 28.04.25

\*Low in Sodium & Refined Sugars

\*Nut Aware

\*Locally Sourced Produce

THURSDAY

MORNING TEA

LUNCH

TEA

AFTERNOON



MONDAY

ORGANIC MILK W/ BANANA AND GRAPES

## TUESDAY



APPLE, CHEESE,
MULTIGRAIN CORN THINS
& VEGGIE STICKS



WEDNESDAY

TROPICAL FRUIT PLATTER
W/ ORGANIC MILK



PEACH & PEAR

/ BLUEBERRY CRUMBLE

W/ ORGANIC YOGHURT



FRIDAY

ORGANIC MILK, BANANA & APPLE



SPAGHETTI BOLOGNAISE W/ CHEDDAR CHEESE



CHEESY VEGETABLE LASAGNE



SANDWICH: ROAST CHICKEN, LETTUCE & CHEESY CARROT / ROAST BEEF, TOMATO & PEPITAS PESTO SUSHI: TERIYAKI CHICKEN/ BEEF & AVOCADO



SWEET & SOUR CHICKEN
/ CHICKEN PINEAPPLE
CURRY
W/ BROWN RICE & PEAS
& CORN



AUSSIE BEEF BURGER
W/ BEETROOT



WHOLEMEAL GARLIC BREAD

W/ ORANGE WEDGES



SULTANA SCONE W/ CHIA BERRY FRUIT SPREAD



MULTIGRAIN / POPPY &
SESAME VITA WEATS W/
CHEDDAR CHEESE &
CRUDITES



CHEESE & TOMATO PIZZA



TUNA & CHIVE DIP/ TOMATO & CHEESE DIP W/ BROWN RICE CRACKERS